



11th April 2025

Mail on Friday

Redhill Primary Academy

Weekly Newsletter

Email us at: parentcontact@redhillprimary.co.uk

Easter Holidays

We hope that you enjoy the Easter Holidays.
We look forward to seeing you back at school on Monday, 28th April.

Parent Safeguarding Board Meeting

On Wednesday, 2nd April, the Parent Safeguarding Board met via Teams. During the meeting, they received an update on the work of the children's safeguarding group, The Safe Surfers. The Board was pleased to hear about the efforts to engage parents during various events such as parent consultations and drop-ins.

The main focus of the meeting was a discussion on Child Sexual Exploitation (CSE) and the safeguards in place at Redhill to address this important issue.

As always, if you are interested in joining the parent safeguarding board, then please contact parentcontact@redhillprimary.co.uk

Care Home Visit

On Thursday, our Key Stage One school councillors visited Priorslee Care Home to take part in an Easter Egg hunt. The residents commented on how polite and respectful all the children were, bringing smiles to their faces. We look forward to going back during the summer term as part of our VE day celebrations.



Healthy Lifestyles week

As part of our Healthy lifestyles week, some Sixth form Thomas Telford students worked with our Year 4, 5 and 6 classes. They talked about the importance of being physically active and carried out activities to support strength, reactions, jumping and speed. The children (and adults) really enjoyed it!



Healthy Eating

As part of our Healthy lifestyles week, Year 3 had a visit from Kate Boddinson-Blake who talked to them about the importance of a balanced diet. She recommended the following website for some healthy lunchbox ideas. <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

African Stew Y4

In Year 4, children have been learning about Africa. As part of their DT curriculum, they have been designing, making (tasting) and evaluating their own African stew which is inspired by a Githari. This week, children have had the opportunity to cook and taste their stew!





Healthy Lifestyles - The School Showdown

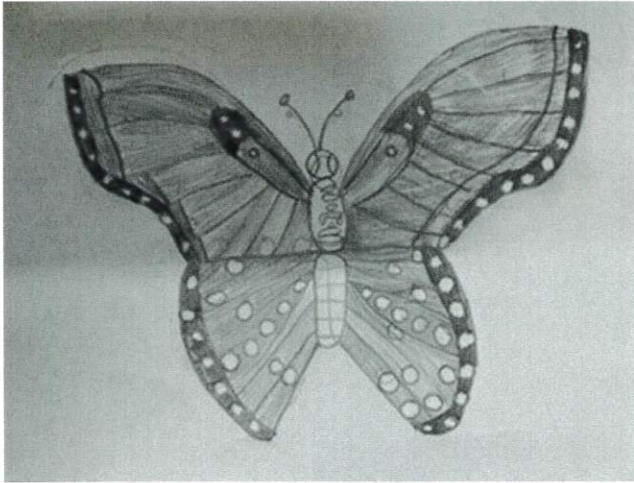
During our session today, we had a visit from the school showdown team, to talk about healthy eating. We talked about the different food groups and why they are important. We gave examples of foods in each group. We also thought about the fact there are no unhealthy foods; we just need to get the right balance of eat food. We thought about why breakfast matters and how otherwise we can go 19 hours without eating. Following this, we had a cook off - ready, steady, cook style. Mrs Bell-Ward in the red kitchen battle against Mr Baugh in the green kitchen, with a few children to help! They prepared two lovely looking dishes which some of us were lucky enough to taste. Finally, we voted for the dish we thought should win.



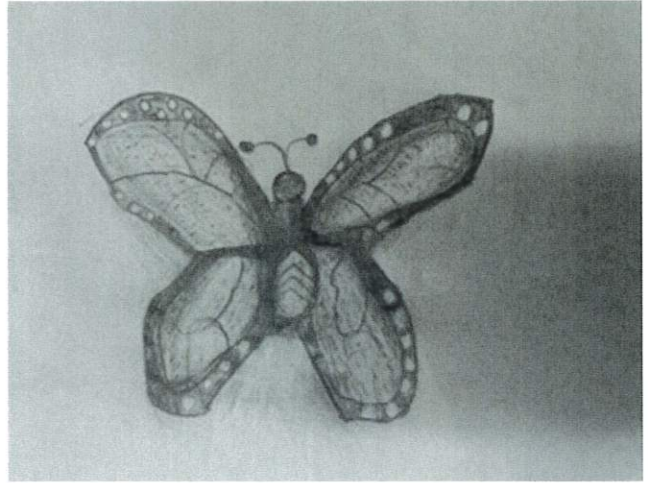
Year 2 Art

This term, our Year 2 children have been looking at a selection of observational art created by the artists Adonna Khare and Maria Sybilla Merian. They chose a butterfly to draw for their final piece, adding tone and texture, using different grades of pencil to show effect.

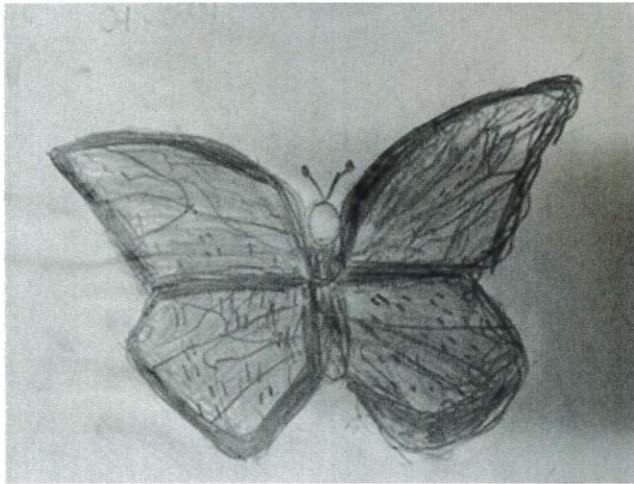
Here are some examples of their fantastic work.



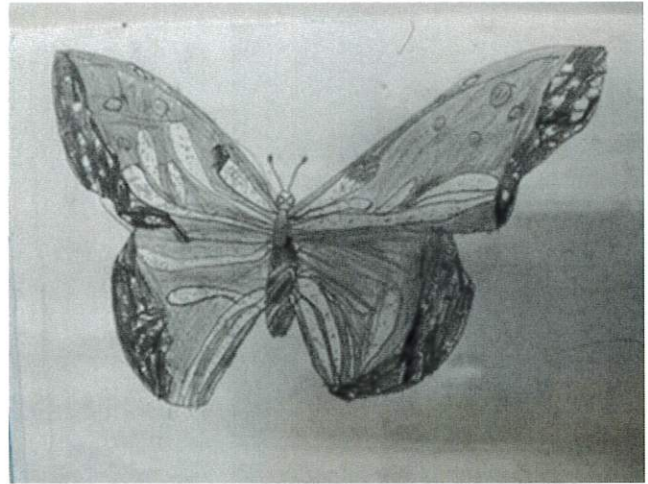
Ella Morgan



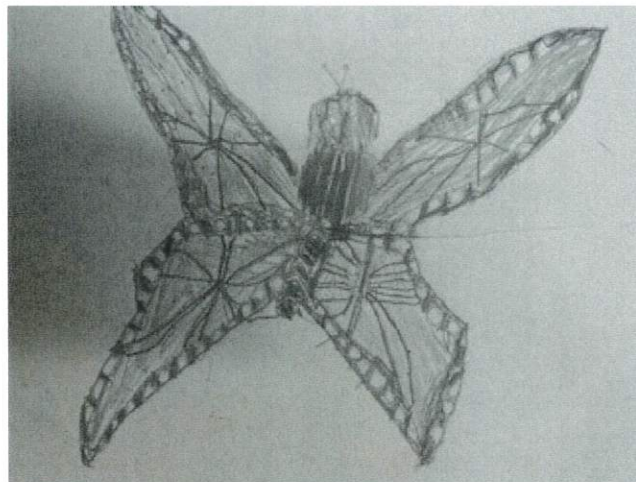
Mia Mansell



Anaiya Dhillon



Kit Bird



Noah Jenkins

Part of our Online Bullying Series

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Online Bullying



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What you need to know about... SCREENGRABS

What are they?

‘Screengrabs’

Phones, tablets, and computers all have a feature that allows you to instantly capture and save still images of the content that's currently displayed on your screen. These images are called screengrabs, though you may also know them as 'screenshots' or 'screenclips'. Screengrabs are incredibly useful for countless reasons. They can let you quickly save a copy of information you might easily forget, like instructions or a number, email address or article, capture a funny still from a video clip, and even get around Twitter's 280-character limit for tweets.

Know the Risks

Cause reputational damage

If somebody screengrabs an intimate picture, personal update or comment taken out of context which was intended to remain private or confidential, it could cause reputational damage if leaked to other people or shared publicly. It could even be used as leverage for bullying or extortion.

Fraud

Never send valuable information such as financial details or passwords to other people or post it online, as it can be saved in a screengrab. That could allow a fraudster to breach your accounts and steal money and other precious information.

Privacy breaches

Many messaging apps use end-to-end encryption to keep conversations private between users which makes them popular to use. However, screengrabs provide an easy way to breach a child's privacy and any conversations they've held in confidence assuming that the app encryption would protect them.

Can be undetected

Apps such as Snapchat will notify you if a post or message has been screengrabbed, but by then the damage may already have been done. Furthermore, some users have discovered ways to take screengrabs without being detected, which means children may never have any idea.

Safety Tips

Block and report

Messaging apps and social media platforms have made it relatively easy to block and report other users, which is one of the first steps you can take to protect a child if they're suffering from any abuse. In some cases, this could result in that person's account being shut down.

Implement privacy setting

Maximising children's privacy settings on social media will provide them with an extra blanket of protection and will ensure that they only communicate with people they know well and trust, such as close friends and family. Ensure they know never to accept friend requests from strangers.

Ask for support

If a child is being subject to bullying behaviour, gather evidence using screengrabs, and report the incidents to the school, designated safeguarding lead and the local authorities if you believe the situation is serious. It may also be wise to seek professional help and support if necessary if you believe a child has been seriously harmed.

Conversation Tips

Discuss appropriate messaging

Prevention is always better than cure. Try talking to children to change their attitude to the digital world. Foster a culture of honesty, maturity, and intelligence with regard to technology and warn them of the risks of sending sensitive information or inappropriate or embarrassing messages which could be used against them.

Talk about their feelings

Be proactive and try to spot changes in children's behaviour. You should look out for some of the tell-tale signs of bullying, which include sadness, isolation, mood swings, a reluctance to socialise or go to school, and a decline in academic performance. Try to encourage children to open up and discuss their feelings and why they might be feeling like this.

Draw on experience

Initiate conversations with children about their use of messaging and social media apps. Be sensitive, and don't judge them. It may also help to share your own experiences – a child might find it easier to talk and better to relate to something coming from your own experience.

Our Expert Aatif Sulleyman



Aatif Sulleyman is an experienced and respected technology journalist who has written about tech and consumer electronics for a broad range of publications including *Gizmodo UK*, *The Independent*, *Digital Spy* and *ITProPortal*. He is currently the Digital News and Features editor at *Trusted Reviews* and has written widely across topics such as online streaming, social media platforms and privacy and security online.



Friends newsletter



THANK YOU

THANK
YOU

Thank you for all of your support this year so far with fundraising. We fully appreciate that times are not easy right now so it means a lot that we can still put on events and create fun memories for the children of Redhill.

We have some exciting events yet to come this year,



SHOPPING IN THE EASTER HOLIDAYS?

Turn your online shopping into everyday magic for our school



easyfundraising You shop, brands donate to us

Happy Easter

